



Child Development Milestone Guide

A simple way to notice, encourage and discuss your child's development.

- 01** Watch how your child communicates, moves, plays and learns.
- 02** Celebrate progress without comparing children.
- 03** Write down changes or concerns before a professional visit.
- 04** Seek an assessment when skills are lost or concerns continue.

Keep this guide for discussion with your qualified care professional. It is educational and does not replace individual medical advice or emergency care.

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